Grant County Youth Cross Country Series



Are you ready to run? We are excited to invite you to participate in the 15th annual Grant County Youth Cross Country Series. Our primary focus is to introduce the sport of cross country to the community and promote life-long fitness activities.

With the assistance of our primary sponsor, Team Kentucky, a locally based USATF youth running club, we will be hosting a series of cross country races for any Grant County resident and any St. Joseph's School in Walton student, entering kindergarten through the 8th grade. *Registration will be at Sherman Elementary on August 25th at 5:00 PM.* The final date to register will be September 1st. The series enrollment fee will be \$15 for all participants. The fee helps cover the cost of the series, including but not limited to insurance, a series t-shirt, and an award for all those who complete the series requirements (*see series guidelines). Grant County Parks & Recreation will sponsor the championship night picnic.

Payment is due at the time of registration. All checks should be made payable to <u>Grant County Youth</u> <u>Cross Country Series</u>. Grant County Youth Cross Country Series is not responsible for any fees incurred as a result of returned checks.

SERIES SCHEDULE:

- Thursday, August 25th registration and first race
- Thursday, September 1st second race & last day to register
- Thursday, September 8th third race
- Wednesday, September 14th fourth race (change due to Family Night PTT event at Sherman)
- Thursday, September 22nd fifth race
- Thursday September 29th— championship race/awards/picnic

<u>Saturday, September 3rd</u> — series athletes are invited to participate with their respective schools in the Grant County Cross Country Invitational Elementary (1600 Meters) or Middle School (3000 Meters) races. In order to participate in this event, athletes must have a current sports physical on file with the cross country coaching staff of their district's high school.

RACE SCHEDULE FOR EACH WEEK:

All races will be held at Sherman Elementary in Sherman, KY. Approximate times:

- 6:00 PM— Kindergarten, 1st, & 2nd grade girls and boys 1/2 mile
- 6:15 PM— 3rd, 4th & 5th grade girls and boys 3/4 mile
- 6:30 PM— 6th 8th grade girls and boys 1 mile
- 6:45 PM— Results available on site. Results will also be published on www.teamkyrunning.com and sent to the Grant County News for publication

NOTE: Separate races (girls followed by boys) on September 29th on a rolling time schedule beginning at 6:00 PM. An awards ceremony will be held following the completion of the last race. A traveling trophy will be presented to the school with the highest average participation throughout the series.

Contact: David Clark - Series Director - dave.clark76@yahoo.com 859-428-0558 (H) 859-283-8611 (W) 859-801-1361 (cell)