

# Eagle Update

**SOARING  
HIGH WITH  
EAGLE PRIDE!**

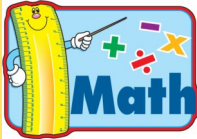
## UPCOMING EVENTS

November 3rd-25th.....No Miss November Challenge  
November 4th..... No School Election Day  
November 7th..... All Pro Dad  
November 11th.....Veterans Day Event  
November 26th-28th..... No School Thanksgiving

Family Resource Center  
Hours of Operation:  
7:30-4:00 Monday-Friday  
Appointments made upon  
request.  
Contact: Danielle Haley  
428-0800  
Danielle.haley@grant.kyschools.us

**CMZ IS A  
PROFICIENT  
SCHOOL!!!**

Upcoming  
Programs for  
Students:  
Fitness Club for 4th Grader  
Students  
Book Club for 4th and 5th  
grade families



As a parent you can help your child achieve a better understanding of mathematical processes by being the Model for analytical and mathematical thinking. Be a problem solver, pose questions, and find solutions. Talk about likenesses and differences, and explain your reasoning.

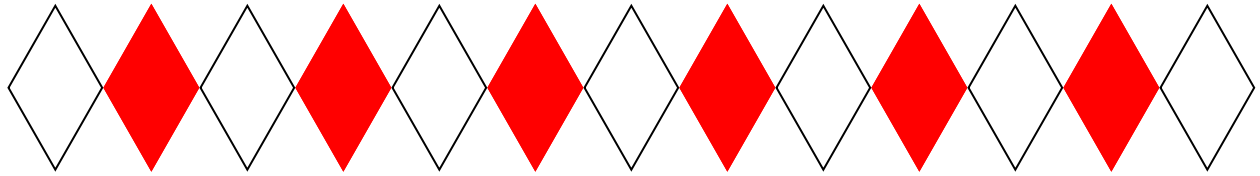
**Remember:  
Our 2nd 9 Weeks  
Attendance  
Challenge has just  
began! Be here so  
your class can win!**



## *Healthy Snacks*

**Frozen Yogurt Grapes:** Clean your grapes and place them on a cookie sheet. Place the cookie sheet in the freezer for 2-3 hours. Thaw for just a minute so a toothpick can be inserted so you can dip them in yogurt. Once you dip them the yogurt will begin to harden. If you want harder yogurt put them back in the freezer for a little while. Or you can enjoy them now! Store in an air tight container in your freezer. You can even change it up by adding topping to your yogurt such as shredded coconut or peanuts! Enjoy!

# I Believe!



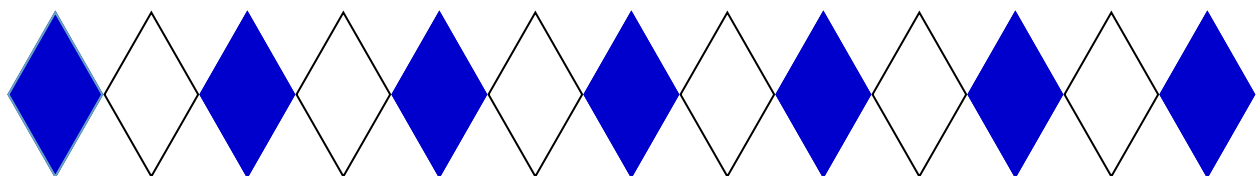
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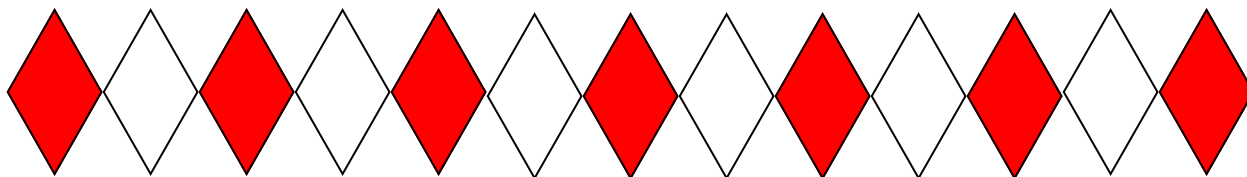
# November 2014

## CMZ Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>No Miss November is a separate attendance challenge, make sure you are here all month!</b>						1 Reading 20 minutes a day makes great readers!
2	3	4 No School Election Day	5 Read out loud to your child	6	7 All Pro Dad	8
9 Read with your child 20 minutes tonight!	10	11 Veterans Day Program!! 5:30-6:30	12	13	14	15 Enjoy a Family Date Night
16	17 Take a family Walk or let your kids ride their bikes around the neighborhood	18	19 Eat dinner at the table with your family!	20	21 Share a book about Thanksgiving History	22
23	24	25	26	27	28	29
30	Thanksgiving Break No School					





## Adult Education Information

### FOR A LIMITED TIME ONLY

Try passing the Practice GED Test for *FREE*. You can save \$24.00 . See if you can pass all the Practice Test to be registered for taking the GED Test. ( Testers **MUST** pass all 4 subjects in the Practice Test to take the GED).

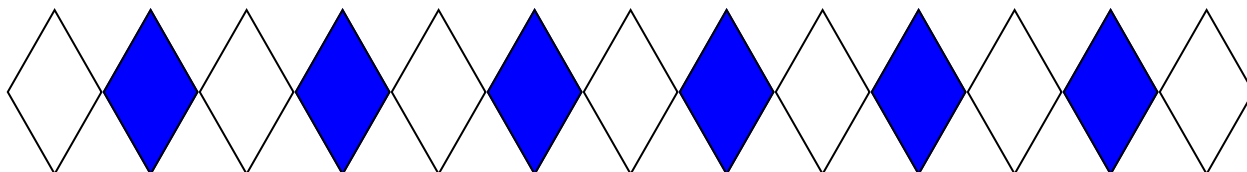
Contact Adult Education to learn more information! (859) 823-1341

### EMPLOYMENT OPPORTUNITIES WITHIN 25 MILES OF DRY RIDGE KY

For more Information contact Katrina Harris-Green at the Grant County One Stop 859-813-8124

- 22 Oct [HOUSEKEEPER / HOUSE CLEANER - 100905](#) ServiceMaster Family of Brands Erlanger, KY
- 09 Oct [CONSULTATIVE SALES- HOME IMPROVEMENT](#) Sears Florence, KY
- 15 Oct [WAREHOUSE WORKER - FLORENCE, KY](#) Fisher Scientific Florence, KY
- 15 Oct [BANQUET SERVER/BARTENDER](#) Pinnacle Entertainment Florence, IN
- 22 Oct [CAREER AS A PROFESSIONAL CDL TRUCK DRIVER - NO EXPERIENCE NEEDED](#)  
C.R. England Trucking Company Villa Hills, KY
- 10 Oct [RETAIL SALES CONSULTANT HIGHLAND HEIGHTS KY](#) AT&T Highland Heights, KY
- 10 Oct [MIDWEST TRUCK DRIVER - GET HOME WEEKLY](#) Roehl Transport Ft Mitchell, KY
- 09 Oct [ERLANGER, KY - MOVER / DRIVER \(NON-CDL\)](#) Two Men and a Truck Erlanger, KY
- 19 Oct [DISTRIBUTION SPECIALIST](#) Jarden Corporation Erlanger, KY
- 03 Oct [EXPERIENCED SALES REPRESENTATIVE - FLORENCE, KY](#) Liberty Mutual Florence,
- 26 Sep [MGR-FINANCE](#) L'Oreal USA Inc. Florence, KY
- 08 Oct [CASHIER](#) Sears Holdings Erlanger, KY
- 18 Oct [REFRIGERATION MECHANIC II 3RD 11PM-7:30AM](#) The business and subsidiaries of The Schwan Food Company Florence, KY
- 09 Oct [CASHIER](#) Sears Holdings Florence, KY
- 12 Oct [ROOM SERVICE SERVER](#) Pinnacle Entertainment Florence, IN
- 27 Sep [OFFICE REPRESENTATIVE - STATE FARM AGENT TEAM MEMBER \(BASE SALARY + COMMISSION\)](#) John Hoffman - State Farm Agent Independence, KY
- 21 Oct [LEAD SHIPPING CLERK](#) Fisher Scientific Florence, KY
- 09 Oct [SPECIALIST - MATERIAL QUALITY / ELECTRICAL: TEMA ER](#) Toyota Technical Center, USA, Inc. Erlanger, KY
- 03 Oct [ADMINISTRATIVE ASSISTANT - EDGEWOOD, KY](#) Kelly Services Edgewood, KY
- 18 Oct [ORDER PICKER B1 6PM-6AM](#) The business and subsidiaries of The Schwan Food Company Walton, KY

For an exclusive list log onto <https://focuscareer.ky.gov/career/JobLeads.aspx>





# Volunteering

*If you are interested in becoming more involved at CMZ become a Volunteer! We are always looking for individuals that want to help! For more information please contact the Family Resource Center!*



## No Miss November

In November we are having a special attendance challenge. We will still have our On Time Ready To Learn but No Miss November is an individual challenge!! Each day your student is present ALL day they will receive a stamp on an individual calendar on their desk. We will draw prizes EVERYDAY and a big prize on the 25th for any student that missed ZERO days in November!! We are very excited to get to celebrate your students great attendance!!



# Grant County Public Library Programs:

For adults, teens, children, families

## **St. Elizabeth Mobile Mammography Van**

**Saturday, November 1, 8 a.m.-noon**

Early detection can save lives. Covered by Medicare, Medicaid and most insurance companies under the following guidelines: ages 35-40 Baseline Screening, over 40 an annual screening. Financial Assistance available to those that qualify. *Call 859-655-7400 to register.*

## **CPR/First Aid Certification**

**Saturday, November 1, 9:30 a.m.-2 p.m.**

Get certified in CPR & First Aid by the American Safety & Health Institute. The CPR class costs \$30 & the First Aid class costs \$10. *Call Diana Morgan at 859-824-5362 to register.*

## **Learn to Knit: 2-at-a-time socks**

**Sundays, November 2 & 16, 2-4 p.m.**

Instructor Cathy Turner teaches experienced sock knitters how to knit two socks at the same time. We will be learning using a pattern available at [www.grantlib.org](http://www.grantlib.org)'s Program Calendar page. Bring your own needles & yarn. No registration required, but you must have experience knitting socks.

## **Playing with Your Books**

**Saturday, November 8, 10:30 a.m.**

Use leftover book sale books to make fabulous creations such as a table-top Christmas card holder, Christmas trees, keep sake box & more. All supplies provided. *Register online at [www.grantlib.org](http://www.grantlib.org).*

## **Kidney Smart**

**Monday, August 11, 2:30-4:30 p.m.**

Open to the public. This program is for anyone diagnosed with any stage of kidney disease and their families. You will learn about how kidneys function and the common causes of chronic kidney disease; how medications, diet, and lifestyle choices work together to help keep you healthy; and what potential treatment options are available to you. *No registration required.*

## **Clueless about KLU?**

**Tuesday, November 11, 10 a.m.-noon**

Do you have an iPad, iPhone or some other kind of tablet or device & want to figure out how to borrow library eBooks for free? Drop by anytime during this time period & we'll help you get started. All you need is a Grant County Public Library card to download eBooks from KY Libraries Unbound (KLU). If you don't have a library card, plan to come in early to get a library card. *No registration required.*

## **KY Health Care Exchange Appointments**

**Saturday, November 15, 9 a.m.-5 p.m.**

Trained consultants from Community Action Center & St. Elizabeth Hospital system will help you fill out the health insurance application for the KY Health Care Exchange Marketplace. Participants will be accepted on a first-come, first-served basis. You must bring photo ID, proof of income, Social Security numbers & birth dates. *No registration required.*

## **OneStop Career Services**

**Monday, November 17, 9 a.m. to noon**

Katrina Harris-Greene is available at the library to help anyone who is unemployed or underemployed. Services offered: job searching assistance, job search leads, resume writing or editing, cover letter editing, interview preparation assistance, grant information for training/post-secondary education, labor market information, referrals for Brighton Center services, basic unemployment assistance, & career coaching.

## **Book Discussion: Life of Pi by Yann Martel**

**Thursday, November 21, 2-3 p.m.**

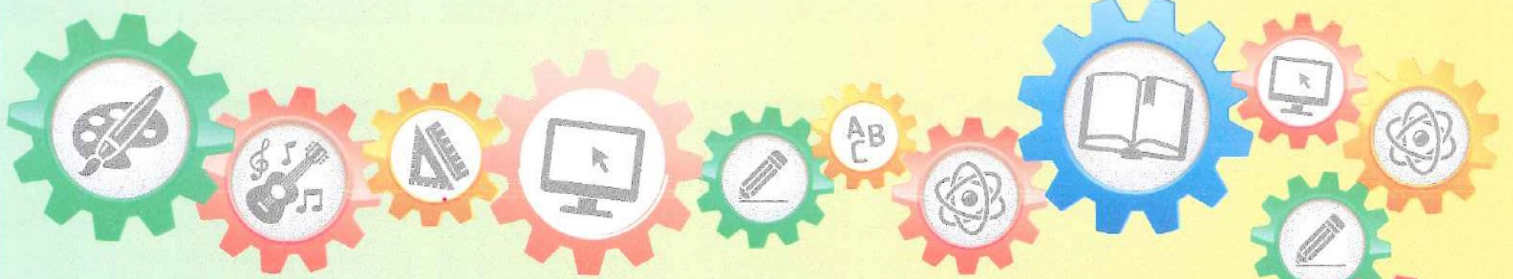
Pi Patel, the sole human survivor of a shipwreck, is in a lifeboat with an injured zebra, a hyena, an orangutan, & an adult Bengal tiger named Richard Parker. After 227 days in the Pacific, the boy & the tiger make landfall on the coast of Mexico. Who will believe the story? Copies of the book are available at the library for checkout. *Register online at [www.grantlib.org](http://www.grantlib.org) or call 859-824-2080.*

## **Sew Your Own Holiday Handbag**

**Saturday, November 29, 1:30-4:30 p.m.**

Avoiding Black Friday shops? Come to the library to make this festive holiday handbag - the perfect size for a library book or two! Bring your supplies and local seamstress Donna Riley will show you how to stitch up this bag in an hour or less. You can bring your own sewing machine or use one of the library's. Get the full list of supplies on our website & see a picture of the finished product. *Register online at [www.grantlib.org](http://www.grantlib.org) or call 859-824-2080.*





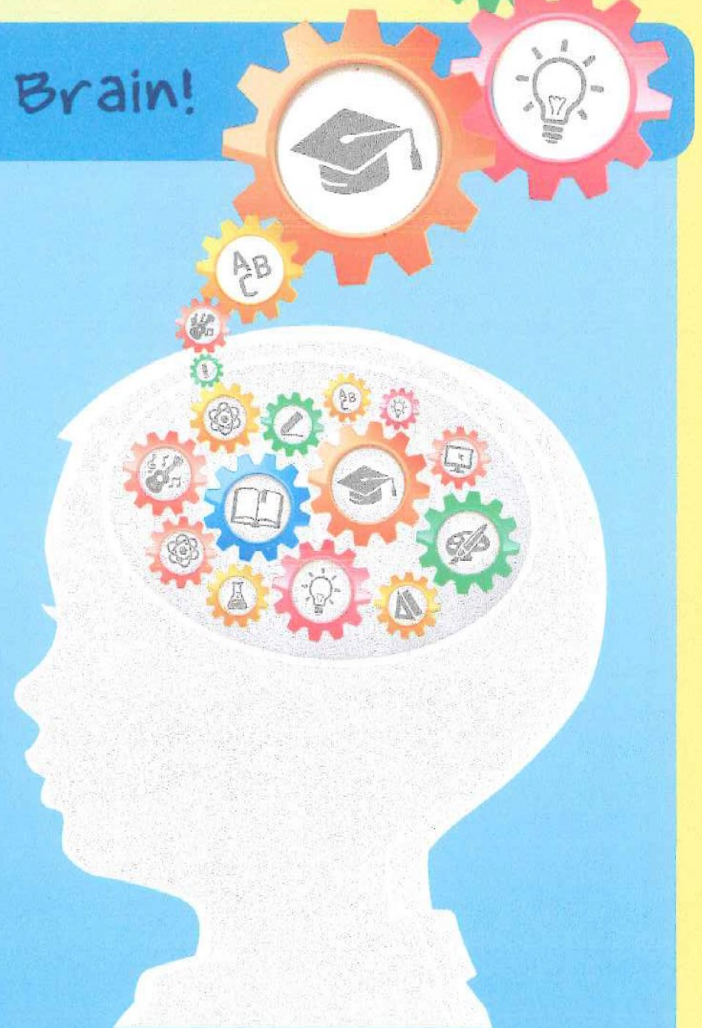
## Your Baby's Growing Brain!

Every parent or caregiver knows they only have a short time while their children are young. But did you know that your child's brain is growing and learning at a speed it will never again experience during this time? In fact, the human brain begins forming very early in its mother's womb, just three weeks after conception. By the age of three, a baby's brain has reached almost 90 percent of its adult size!

In order for your child to make the most of its extraordinary mind, it is very important for him or her to be nurtured and stimulated during this time. Everything she or he sees, touches, tastes, smells or hears helps to shape the brain for thinking, feeling, moving and learning. What happens in the first years of your child's life will have a lasting effect as your child grows into an adult.

A young child's brain is more open to learning, but it is also more vulnerable to developmental problems during this time. A lack of a nurturing environment or other basic needs can have an impact on a child as he or she grows into an adult. Babies grow and learn best when responsive and caring parents and other caregivers give them affection, attention and stimulation in addition to good nutrition, health care and protection.

Young children can experience excessive stress if they are neglected or abused. These stresses can interfere with the developing brain and can lead to cognitive, social and emotional delays and behavior problems in childhood and later.



But when a caregiver plays, sings, speaks, reads or tells a story to the child and nurtures her or him with healthy food, love and affection, the child's brain grows.

Parents and caregivers play the most important role in a young child's developing brain. When children are nurtured and encouraged to play and explore, they learn and develop socially, emotionally, physically and intellectually. Encouraging and supporting your baby's developing body and mind is the first step in preparing your child to succeed in school and in life.

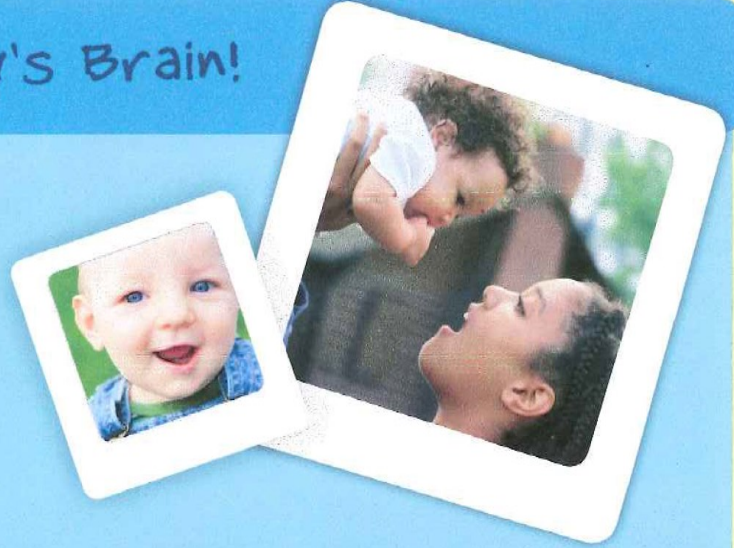






## Tips to Boost your Baby's Brain!

- 1. Play games that involve the hands** (patty-cake, peekaboo, this little piggy). Babies respond well to learning simple sequential games.
- 2. Be attentive.** When your baby points, be sure to follow with your gaze and remark on items or events of interest to her. This "joint attention" confirms for your baby how important her interests and observations are to you.
- 3. Foster an early passion for books.** Choose books with large and colorful pictures, and share your baby's delight in pointing and making noise. For example, say the animal sounds to go along with farm pictures.
- 4. Choose developmentally appropriate toys that allow babies to explore and interact.** Toys such as a windup jack-in-the-box or stackable blocks help your baby learn cause-and-effect relationships.
- 5. Respond promptly when your baby cries.** Soothe, nurture, cuddle, and reassure him so that you build positive links in the areas of the brain that impact emotions.
- 6. Build trust by being attentive and focused.** Babies who are securely attached to you emotionally will be able to invest more energy in the pleasures of exploration, learning, and discovery.
- 7. Set up a safe environment for your crawling baby or toddler.** Spatial learning is important, and your mobile child will begin to understand concepts like under, over, near, and far.
- 8. Sing songs** such as "Itsy Bitsy Spider" and "Ring-Around-the-Rosy." The body motions and finger play will help your baby integrate sounds with large and small movements. Songs also enhance your child's learning of rhythms, rhymes, and language patterns.
- 9. Use positive discipline.** Create clear consequences without frightening or causing shame to your child. If your toddler acts inappropriately, such as by hitting another child, get down to his eye level, use a low, serious tone of voice, and clearly restate the rule. Keep rules simple, consistent, and reasonable for your child's age.
- 10. Express joy and interest in your baby.** Use body language, eye contact, attentiveness, touch and smile when interacting with your baby.

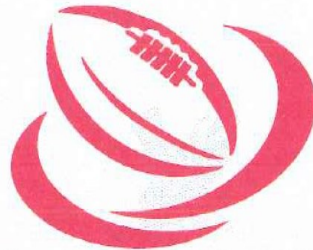




# Hey dads & kids...

Join us for the

Crittenden Mt. Zion Elementary



## ALL PRO DAD®

Dad's Day

November 7th

6:45am- 7:30am

CMZ Cafeteria

Team up with other

CMZ

dads and kids for a quick, before-school breakfast and a 45-minute program of fatherhood and family topics. You'll take away some great tips and resources to help you be the best Dad you can be, and you'll strengthen your relationship with your kids at the same time.

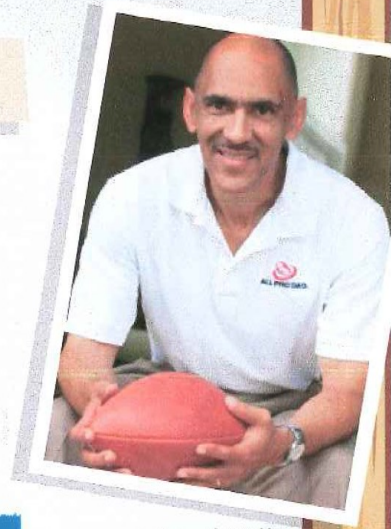
**It's fun, and it's FREE! See you there...**

**Please RSVP here**

428-0800

**For more information email**

[danielle.haley@grant.kyschools.us](mailto:danielle.haley@grant.kyschools.us)



Tony Dungy is the national spokesman for All Pro Dad

Can't make it?  
Join us next time  
on

Dec. 5th



All Pro Dad is the fatherhood program of **FAMILY FIRST**

AllProDad.com





10/22/2014

Dear Crittenden Mt. Zion Parent/Guardian and Student,

The school year is flying by! November is almost here! November brings a wonderful program and community involvement night, Veterans Day. This year we will be celebrating our Veterans with our 5<sup>th</sup> grade program on November 11, 2014. To help make this evening special for our Veterans we would love to have a school full of Veterans!! We would love your student to invite and bring a Veteran with them to the program on November 11<sup>th</sup>.

We will be decorating the hallways with a Wall of Honor that we would love to share with our Veterans! We need your help to make our wall a success, attached to this letter you will find a series of questions to ask your Veteran. Third grade through fifth grade have an interview format, while Pre-School through second grade have a short get to know you form. We are asking for a picture of your Veteran as well!

We know not all children know a Veteran or their Veteran may have already passed. If this is the case please fill out a sheet on a Veteran who has already passed so that we can continue to honor and thank them for their service to our Country. If your student does not have a relative that is a Veteran please try to find a neighbor, co-worker, or church member who is a Veteran to honor on our Wall. We would love for each student to complete 1 form, if they would like to fill out multiple that is greatly encouraged! Your child's teacher will have extra copies of the forms if you need another to fill out. Once your child completes the form they can bring it into school, we will start collecting them as early as tomorrow!

Please mark your calendar for Tuesday November 11<sup>th</sup> at 5:30 pm. This evening we will have a Chili Dinner starting at 5:30 that is free to all that attend. Beginning at 6:30 the Veterans Day program will kick-off. The week before the program we will be sending home a RSVP so we can get a head count of how many to expect that evening.

Thank you so much for your support of Crittenden Mt. Zion Elementary School and our programs. We hope to see you, your student, and a Veteran November 11<sup>th</sup>!

Thank you!!

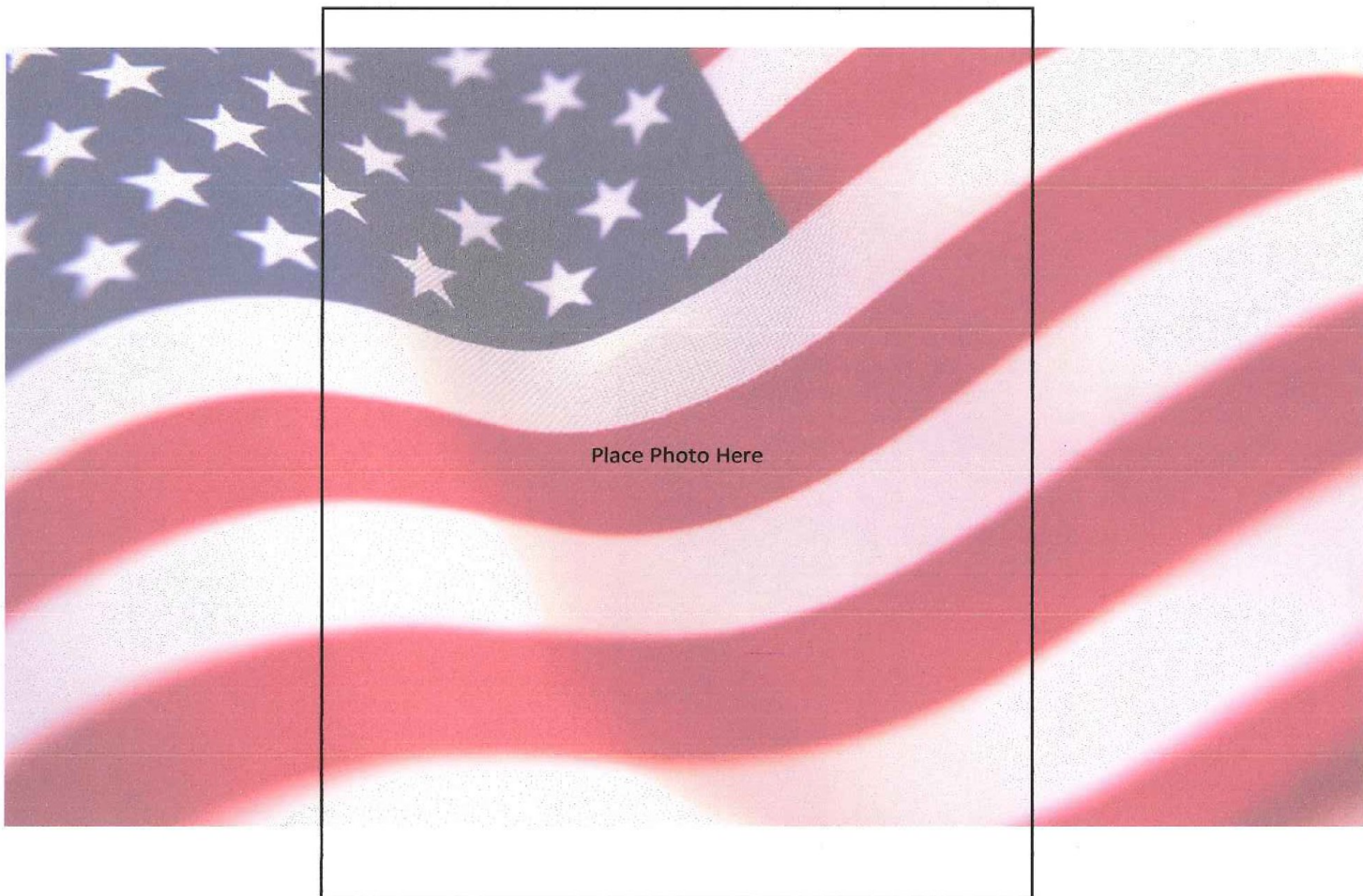
Danielle Haley

Family Resource Coordinator



# My Hero: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_



When did you join the Service? Why did you join? \_\_\_\_\_

What branch of the service did you join? What are the primary roles of that branch? \_\_\_\_\_

What was your basic training like? \_\_\_\_\_

How did you stay in touch with your family while you were in the service? \_\_\_\_\_

Did you serve overseas? If so, Where? \_\_\_\_\_

What does service mean to you? \_\_\_\_\_



# Honoring my Veteran

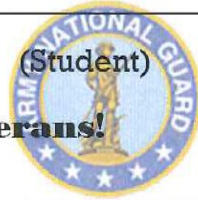
\_\_\_\_\_

(Veteran Name)

Served In \_\_\_\_\_

(Branch of Service and War)

He/ She is \_\_\_\_\_ of \_\_\_\_\_



**God Bless America and Our Veterans!**

# Honoring my Veteran

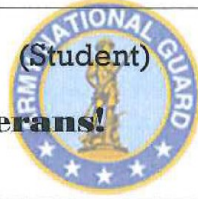
\_\_\_\_\_

(Veteran Name)

Served In \_\_\_\_\_

(Branch of Service and War)

He/ She is \_\_\_\_\_ of \_\_\_\_\_



**God Bless America and Our Veterans!**

# Honoring my Veteran

\_\_\_\_\_

(Veteran Name)

Served In \_\_\_\_\_

(Branch of Service and War)

He/ She is \_\_\_\_\_ of \_\_\_\_\_



**God Bless America and Our Veterans!**